

2025



YOUR GUIDE TO APPLYING FOR MEDICAID IN NEW YORK

With Local Focus on Nassau & Suffolk Counties, Queens,
Brooklyn, Bronx, New York, Staten Island, and
Westchester




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ABOUT EMICS ELDER CARE

Emics Elder Care specializes in Medicaid planning and elder care coordination to help you qualify for Medicaid, and make informed decisions about your long-term care. Serving New York seniors including those in Nassau County, Suffolk County, Queens County, and Westchester, our expert team is dedicated to providing personalized support for you and your family.

WHY THIS GUIDE MATTERS

Applying for Medicaid in New York can feel overwhelming, but with the right preparation, you can navigate the process smoothly. This guide walks you through:

- Who qualifies
- What documents you'll need
- How to apply in Nassau & Suffolk Counties, Queens, Brooklyn, Bronx, New York, Staten Island, and Westchester
- Common mistakes to avoid
- Where to get local help





WHO QUALIFIES FOR MEDICAID IN NEW YORK?

You may be eligible if you:

You may be eligible if you:

- Are a low-income adult, child, pregnant woman, or parent/caretaker
- Are 65+ years old, blind, or disabled
- Require nursing home or long-term care services
- Meet income and asset limits (these vary based on household size and type of Medicaid program)

For 2025, an individual under 65 qualifies with income up to about \$1,732/month (higher with dependents). For seniors or those needing long-term care, resource limits and special rules apply.

Documents You'll Need

Be ready to provide:

- Proof of identity (driver's license, passport, birth certificate)
- Proof of address (utility bill, lease, official mail)
- Social Security card
- Proof of income (pay stubs, benefit letters, unemployment, pension statements)
- Bank statements (usually last 3 months)
- Insurance information (if you already have coverage)
- Immigration status documents (if applicable)



HOW TO APPLY IN NASSAU, QUEENS, AND WESTCHESTER

Nassau & Suffolk Counties

- Apply through the Department of Social Services (DSS)

Address: 60 Charles Lindbergh Blvd., Uniondale, NY

Phone: (516) 227-8000

Website: <https://www.nassaucountyny.gov/1895/Social-Services>

- Apply through the

Address: 200 Wireless Blvd, Hauppauge, NY 11788

Phone: (631) 853-8714

Website: <https://www.suffolkcountyny.gov/Departments/Social-Services>

Queens, Brooklyn, Bronx, New York, Staten Island (NYC Residents)

- Apply through NYC Human Resources Administration (HRA)

Phone: (718) 557-1399

Online: NYC Access HRA

In-Person: HRA Medicaid Offices are available throughout NYC

Westchester County

- Apply through the Westchester Department of Social Services

Address: 112 E. Post Rd., White Plains, NY

Phone: (914) 995-5000

Website: <https://socialservices.westchestergov.com/>



RENEWAL REMINDERS & COMMON MISTAKES TO AVOID

Renewal Reminders

- Medicaid coverage is not always permanent. You must renew each year (watch for renewal notices in the mail).
- If you miss your renewal, your benefits can lapse.

Common Mistakes to Avoid

- Submitting incomplete documents
- Missing deadlines
- Not reporting changes in income, address, or household
- Assuming assets don't matter (especially for long-term care Medicaid)



LOCAL HELP AND RESOURCES AND NEXT STEPS

Local Help & Resources

- New York Medicaid Helpline: 1-800-541-2831
- NY State of Health Marketplace: nystateofhealth.ny.gov
- Local senior/elder care advocates in each county often provide free application help.

Next Steps

- Gather your documents
- Choose your application method (online, mail, or in-person at your county DSS/HRA)
- Submit your application and follow up
- Ask for help if you're unsure—there are advocates and attorneys who specialize in Medicaid planning



LET'S WORK TOGETHER

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This guide is for educational purposes only and is not legal advice. If you have questions about your specific situation, contact your county Medicaid office or a trusted legal advisor.